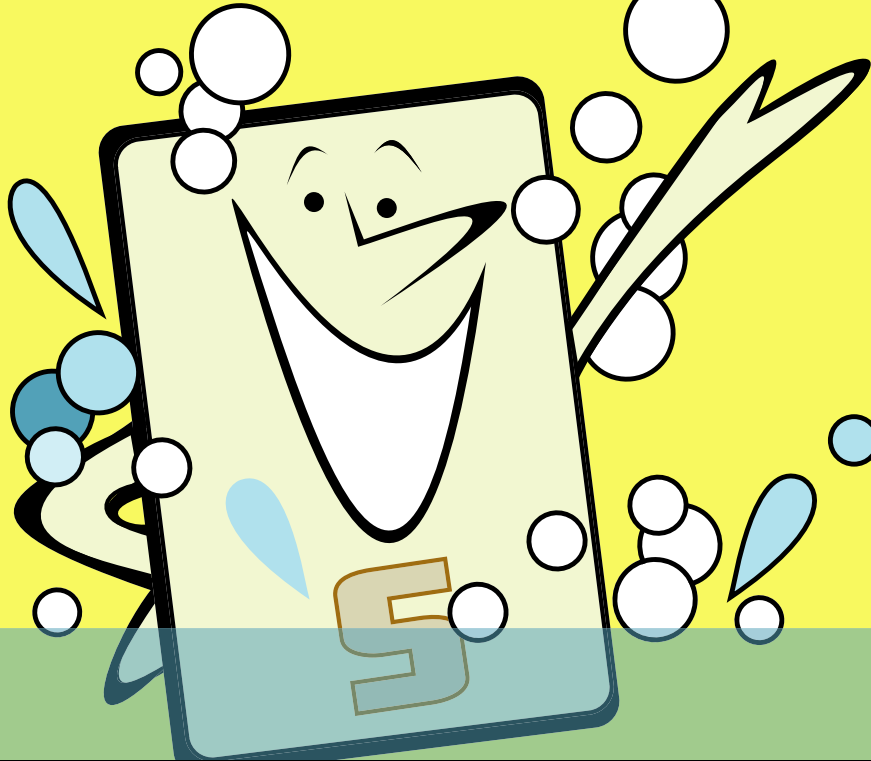


Sudzee says,  
"Cover your coughs.  
Clean your hands.  
Kick colds and flu."



## As simple as soap and water...

Common sense can prevent the spread of germs. These healthy habits can make a difference this flu season as well as preventing upset stomachs and diarrhea. For more information, please call 317.221.2117 or visit our Web site, [www.mchd.com](http://www.mchd.com)

