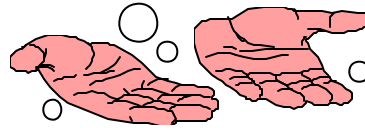


WHEN MUST I WASH MY HANDS?



When you start your shift
Before applying plastic gloves
After touching cuts and burns
When hands look and feel dirty



Before handling food

After using the restroom

After handling raw meat and poultry

After blowing your nose, coughing, sneezing

Before and after eating, drinking and smoking

After touching your face and body parts

After touching your hair

After itching and scratching

After handling garbage

After handling mops and brooms

After handling chemicals

After handling soiled utensils and clearing tables

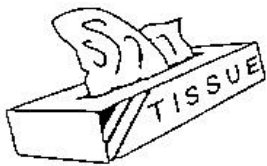
After handling unclean work equipment or surfaces

Before and after caring for sick people

After sexual contact

After changing diapers

After handling animals



THE PRACTICE OF GOOD HANDWASHING HELPS PREVENT THE SPREAD OF DISEASE AND THE CROSS-CONTAMINATION OF FOOD PRODUCTS.